

Table 1: Botanical uses to treat common human ailments

Fijian Name	English equivalent	Part of the body treated	Leaves	Fruit	Stems/Roots	Description
Bosucu		Upset stomach	X		X	Vine crushed up
Vau	Hibiscus family	Help heal broken bones; relieve pain	X			Leaves crushed up and applied to area with broken bone
Kalambucidamu		Ease menstruation, cramping, pain reliever, upset stomach	X			Leaves are crushed up and the juice from the leaves is used as a tonic
Kuwawa	Guava	Menstruation, upset stomach, diarrhea	X			Leaves are crushed up and the juice from the leaves is used as a tonic
Kurea	Noni	Skin	X	X		Fruit or leaves is used to treat skin diseases
Vulukaka		Headaches and toothaches				
Moko moko		Chest pain & congestion	X		X	Vine that grows on old coconut trees
Draubasaga		Chest pain & congestion	X		X	Vine that grows on old coconut trees
Coconut		Multitude of ailments; skin conditions, constipation, upset stomach, chest congestion, and more		X		Virgin coconut oil is the form used most often to treat ailments
Kuwawa + small red chilis	Noni + small red chilis	Stomach issues in men		X		
Para grass		Diarrhea	X			

